



**FREE CONFIDENTIAL CONSULTATIONS  
WITH PHARMACISTS TO MAKE SURE YOUR  
MEDICATIONS KEEP YOU HEALTHY & ACTIVE!**



**TRIA HEALTH IS A FREE AND CONFIDENTIAL  
BENEFIT FOR YOU AND YOUR FAMILY OFFERED  
BY ROOFERS**

**1.888.799.8742 | [WWW.TRIAHEALTH.COM](http://WWW.TRIAHEALTH.COM)**

# PHARMACY ADVOCATE PROGRAM

## WHAT IS IT?

Tria Health's pharmacists act as your personal medication experts and work with you and your doctor(s) to make sure your conditions are properly controlled without the risk of medication-related problems.

## WHO SHOULD PARTICIPATE?

Members who have the following conditions and/or take multiple medications:

- Diabetes
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Specialty Medications
- Pain
- Mental Health
- Osteoporosis
- Asthma/COPD
- Migraines

## PARTICIPATING MEMBERS CAN SAVE MONEY ON THEIR MEDICATIONS

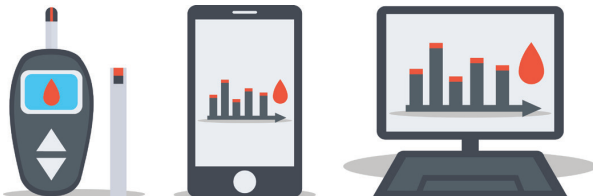
Active participants will receive discounted copays on select medications used to treat targeted chronic conditions. You are not required to change your medications, pharmacy or doctor to receive this benefit. Our goal is to improve your health and save you money!

- Free generics
- Half off select brands

Chronic pain and specialty medications excluded.  
Brand copay rates only apply to **Diabetes** and **Asthma/COPD** medications.  
Migraine medications may not be covered in HDHP plans.

## FREE DIABETES TEST STRIPS & WIRELESS METER

Active participants with diabetes will have free access to a wireless blood glucose meter, testing strips and mobile app designed to help better manage your diabetes!



# WHY PARTICIPATE?

## YOUR TRIA HEALTH PHARMACIST CAN HELP:

- Ensure your medications are working and help minimize side effects
- Identify any medication savings opportunities
- Check to make sure your dosing is effectively treating your condition
- Assist with any other medication-related problems you are experiencing

Tria Health's pharmacists work one-on-one to develop a personalized plan to help improve your health!

# HOW DOES IT WORK?



## SIGN UP

There are three ways to sign up:

Call 1.888.799.8742 | Visit [www.triahealth.com/enroll](http://www.triahealth.com/enroll) | Mail your form



## SCHEDULE AN APPOINTMENT

Submit your appointment preferences at [www.triahealth.com](http://www.triahealth.com) or call the Tria Health Help Desk at 1.888.799.8742



## CONFIDENTIAL CONSULTATION

Your Tria Health pharmacist will call you and review all your medications, preventative services and lifestyle habits.



## CARE PLAN

Your pharmacist will develop a personalized care plan and coordinate any recommended changes with your doctor and pharmacy.



# QUESTIONS?

**CALL THE TRIA HEALTH HELP DESK:**

**1.888.799.8742**

Monday - Thursday: 8AM - 9PM CST

Friday: 8AM - 7PM CST

Saturday: 9AM - 5PM CST

**THE TRIA HEALTH HELP DESK IS YOUR  
RESOURCE FOR MEDICATION GUIDANCE**

- Experiencing uncomfortable side effects?
- Looking for less expensive alternatives?
- Need medication recommendations?
- Have a new prescription?

**DON'T WAIT - SIGN UP TODAY!**

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